

Conflict can be a very common problem in the workplace and can cost your company millions of dollars in lost productivity. A great way to prevent this is through team building.

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Team Building Activities Can **Help Build**:



This is a foundation to a healthy team – make sure your team members can express themselves and be heard in the workplace.

Employees who feel their voice is heard are 4.6x more likely to feel empowered to perform

their best work. Forbes

A More Empowered

Shared Goals & Objectives

Team members with shared goals and objectives have a sense of community – working together toward a common goal will increase collaboration and decrease conflicts.

Highly engaged teams show 21% greater profitability. *Gallup*







Cooperation & Trust

Being able to trust your team members to complete their tasks will ease tensions and lower the potential for conflicts.

90% of employees believe trust is crucial to their work performance. Harvard Business Review

90% Believe Trust Is Crucial

Conflict Prevention

Conflict can arise at any point in the workplace. It can come from simple things like inefficiency in task completion to much more controversial topics.

85% of employees experience inevitable conflicts at work. CPP Inc.



It is crucial to ensure that these activities are **thoughtfully organized** and have a genuine impact. Otherwise, **employees will not resonate.**





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